



# G20 Health Ministers' Meeting Side Event AHWIN Forum

Achieving Health Ageing in Asia:  
Envisioning Better Care for Older Adults

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## **A** Ageing

We aim to create a happy and graceful ageing society.

## **B** Business

We offer comprehensive training programmes as a partner to your business

## **C** Care

We provide consultancy for elder care.

## **D** Development

We conduct practical research for social and business development.

ABCD Centre for  
**Better Care, Better Life, Better Society**

# VISION & MISSION

## Vision

*“To become a knowledge and innovation base  
for better quality of life for elderly people.”*

## Mission

1. Integrate and manage interdisciplinary knowledge/experience for elder care/management.
2. Academic networking for effective and practical research in this field.
3. Develop a happy, healthy and self-reliant aging society
4. Networking between government, business sector and international organizations for better care of elderly people.



## Session 2

# Who Will be The Caregivers?

# Meeting the Growing Elder Care Needs in Asia.





## There are 2 major concerns regarding elder care in Thailand:

1. Supply - Who will be the caregivers?
2. Quality - What are the problems with our current elder care system?



# Situation of the Thai Elderly People

**2017:11.3 Million**



**60+ > 17.1%**



**95% Elderly people are Non Communicate Diseases.(NDCs)**



**>**



**55.1%**

**6.22 Million**

**44.9%**

**5.08 Million**

More than 700,000

Dependent Elderly People

by 2020.

# “Families with father-mother and children” Having less children

**1964: 6 children in a family**



**2014: 1-2 children in a family**



**2019:**

**Thailand has more people over the age of 60... than it has under the age of 16.**

# Thai Elderly people' Economy

**2015: 34.3%** are below the poverty line  
(income < ฿2,647/month)  
1 in 3 elderly people are living below  
the poverty line

- Personal Saving  
9 out of 10 people in  
THAILAND can not afford  
to retire.



- Working Demand  
**2.7 million want to work.**



# Who provides care for elders in urban areas?

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Young people moving to city; Old people  
moving back to their hometowns.

So, who will be the caregivers?

Young Old taking care of Old Old.

# Who provides care for elders in urban areas?

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We have to consider 3 issues.

Types of living/housing

Economic status

Level of dependency

# Who provides care for elders in urban areas?

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## 5 Types of care givers

1. Family member
2. Health Volunteer
3. Volunteer in VirtualCommunity
4. PAID/Hired care giver(Yong and old people from rural area and abroad)
5. PAID/ Professional (nurse, trained personals) in institution.

# What are the problems with our current elder care system?

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- Problem: Quality of Care
- Insufficient quality of professional elder care.
- Families without professional caregivers.
- Communities lacking knowledge and skills to take care of the elderly people.

# What are the problems with our current elder care system?

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- Elders in rural areas have poor access to health system.
- Local administration lacking budget and personnel to take care of the elderly people.
- Government focusing on monthly pension and medical equipment.

To solve these problems, we looked to learn from Japan.

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Thailand should have facility-based elder care (like Japan).

But major obstacles are finance and culture.

It will take a long time to change.

Experience of bringing Japanese-style, facility-based elder care to Thailand.

# Elderly Care Business Management *Strategies and Opportunities*

Business Trip in Japan



ABCD Centre organized the training program during the year of 2018.

Field visits to Japanese-style facility based elder care;

- Housing for the elderly with home care services provided 'Sakoju';
- Special elder care nursing home 'Tokuyo';
- Household service centre;
- Medical and elder care products and service;
- Universal resort, etc.



# Challenges in doing so?

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Japan and Thailand are facing different situations/problems.

Japan was the first country in Asia to become an Aging Society.

Thailand was the second in ASEAN, after Singapore.

Experiences from Japan are beneficial to others. From that field trip;

Resulted in 3 business people opening new nursing homes which now provide for elderly.

# Hope for the future.

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*Our Challenge is motivating Thai Businesses  
to meet the Growing Elder Care Needs in Asia.*

Thank you.

ABCD Centre for  
Better **Life**, Better **Care**, Better **Society**

